

# DESERTOLOGY SPA MENU

LUXURY AMONGST THE DUNES

## SIGNATURE MASSAGES

#### Aromatherapy Massage - 60/90 Mins I AED 525 / 680

Aromatherapy is an ancient art, which involves the use of natural plant oils for healing, cleansing, and relaxation. The therapeutic use of essential oils and massage can affect all the systems of the body, in particular the muscular, circulatory, lymphatic (immune) and nervous systems.

#### Swedish Massage - 60/90 Mins I AED 525 / 680

Swedish massage uses five basic movements to increase circulation and remove toxins from the muscles. Always working towards the heart, the massage therapist incorporates these techniques into a flowing massage session that leaves the patient physically and emotionally relaxed.

#### Thai Massage - 60/90 Mins I AED 600 / 750

Thai massage is an ancient ayurvedic healing art. Through application of pressure on energy lines and points, and a vast array of passive stretching movements performed with the hands, feet, knees and elbows, the body experiences profound relaxation, peripheral stimulation of internal organs, increased flexibility and increased flow of energy.

#### Shiatsu Massage - 60 Mins I AED 525

Shiatsu reduces stress and fatigue accumulated in the body, increases circulation of lymph and blood, reduces muscle stiffness and blood pressure, and it increases vitality, stamina and energy.

#### Hot Stone Massage - 90 Mins I AED 850

The Hot Stone massage promotes deep muscle and tissue relaxation, alleviates stress, releases toxins, relieves pain, improves circulation and brings to life the feeling of well-being.

#### Foot Massage - 30/60 Mins I AED 525 / 680

A regular foot massage along with reflexology helps in promoting physiological as well as physical health. It also improves blood circulation, stimulates muscles, reduces tension, and often eases pain.



#### Reflexology Massage - 60 Mins I AED 680

Reflexology is a type of massage that involves applying different amounts of pressure to the feet, hands, and ears. It may provide pain and stress relief, and lift mood.

#### Combination Massage - 60/90 Mins I AED 600 / 750

Perfect for those who want to tailor towards their personal preferences and specific needs. This massage integrates 2 techniques - Swedish and Thai massage, suited for pure relaxation.

#### Back, Neck & Shoulder Massage - 30 Mins I AED 400

A pressure massage focuses on the build-up of stress and muscle tension in all areas around the neck, shoulders and across the back.

SPECIAL OFFER: BOOK TWO CONSECUTIVE MASSAGE AND GET 15% DISCOUNT! OFFER IS NOT COMBINABLE WITH ANY OTHER OFFER.



**Booking Policy** 

Advance reservations are required by either in person or by call, booking priority will be given to in-house guests.

#### **Cancellation Policy**

Please cancel at least 2 hours prior to your appointment.

In room/villa massage can be arrange with supplement of AED 200 per person. Please contact our Spa desk for more details.

Notes:

1. All prices are inclusive of all applicable taxes.

2. Desertology Spa services are for Adults only.

### **ABOUT US**

Desertology Spa is a sanctuary of tranquility and serenity where we endeavor to create a blissful experience for you! Beyond our doors, a world of indulgence, relaxation and rejuvenation awaits you. The Desertology Spa is the ultimate place to pamper your body and soul. You can coddle in one of our special massages which can energise, relax, and revitalize your body. In the hands of our professional therapists, we guarantee you a unique and memorable experience.

### **OPEN HOURS**

Daily from 09:00 AM to 10:00 PM

## CONTACTS

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## CONNECT WITH US





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